

Get a Healthier, Happier Life!

Join us for a visit with Carla Emery, author of the

Encyclopedia of Country Living

Carla will speak on the history of the Modern Homesteading Movement and its five basic principles:

Frugality

Health.....Sustainability

Self-reliance.....Networking

Freebies for everyone who attends.

Carla reveals why and HOW to.....

Become debt-free!

Raise smarter, higher-achieving,

better-behaving children!

Use healthier food preparation procedures

and healthier food containers!

Choose foods for health and longevity!

Grow the greatest garden of your life!

When: _____

Where: _____

More Info: _____